

Sample of Curriculum Vitae

Vali J. Hawkins Mitchell, Ph.D., LMHC

2648 Kuilei St. #C-51 Honolulu, HI 96826

EDUCATION

PhD	Health Education	Walden University	Minneapolis, MN	1993
MS	Psychology	Eastern WA University	Cheney, WA,	1984
BA	Psychology	Eastern WA University	Cheney, WA	1983
AA	Human Services	Fort Steilacoom Community College	Tacoma, WA	1978

LICENSURE AND CERTIFICATIONS

Washington State: Licensed Mental Health Counselor: #3428

Hawaii State: Licensed Mental Health Counselor: #214

Certified Traumatologist: Warrant Institute, New York

WEBSITES

www.drvali.com

www.kirshafoundation.org

PROFESSIONAL EXPERIENCE

Previous Adjunct Faculty Positions

Washington State University, Tri-Cities, Washington

Lane Community College, Florence, Oregon

Mohave Community College, Lake Havasu, Arizona

Southwest Oregon Community College, Coos Bay, Oregon

Disaster Response International, National/International

Curriculum Development

All Faculty and Seminar Positions, Superior Courts of WA

Course development for Washington State University, Tri-Cities

Multi-tiered curriculum for national and international training

Emergency Preparations Education for private and public agencies

Licensed Mental Health Counselor

Private Practice at Inner Directions Counseling, Richland, WA

Washington State License # 3428

Hawaii State License #214

Improvizion Consulting, LLP

Leading authority on Emotional Continuity for Disaster and Emergency Management

Consulting and Coaching, Trainings and Public Speaking Events

International Public Speaking and Training Facilitator, Presenter, Training

See Client List and References

American Red Cross Services

National Instructor for Working with Total Diversity, Managing Total Diversity

DSHR Mental Health Counselor (Responded to the World Trade Center/Katrina, Etc)

Current CPR/First Aid

Trainer/Instructor

Author/Freelance Writer

Clips available upon request

Research and Grants Received

Washington Department of Community, Trade and Economic Development to counsel victims of crimes who cannot afford services, train advocates and staff, provide ongoing statistics

Psychosocial Dynamics of Families with Chronic Pediatric Medical Illness,

Presented by invitation to International Conference of Counselors, Denmark

Diabetes and Family Violence: An Investigative Questionnaire, Private Research Grant

Provided by the Diabetes Research and Education Foundation

The Use of Programmed Writing for Anxiety Reduction with Female Registered Nurses, Bay Area Hospital, Coos Bay, OR

Traumatic Organizational Stress Syndrome, The implications of stress response to change in business, Private company (confidential)

Emergency Management Research for American Red Cross Chapter Organization, WA

Certified Traumatologist

Hawaii Lead of the Warren Trauma Institute based in New York

Certified Trainer, Mediator, Conflict Resolutions

Superior Courts, Washington State, Benton-Franklin County

Coach and Private Business Consultant

References and client list available

ADDITIONAL EMPLOYMENT HISTORY (Sample)

Casework Manager: Welfare Eligibility Examiner, Food Stamp Program, State of WA

Clerk Typist State of WA

DSHS Medical Staff Appointments: Kadlec Medical Center, Kennewick General Hospital

Early Childhood Education Consultant, Neo-natal education, YMCA

Special Needs Family Coordinator: Deaconess Medical Center, Spokane, Cystic Fibrosis Clinic

Contracted Musical Composer, Visual Artist

Writing Educator: Community Colleges, Arizona, Oregon

Adjunct Faculty: Community Colleges, Arizona, Oregon

Co-Clinical Director, Critical Incident Stress Management Team

Child and Family Protective Services, State of AZ

Clinical Electrocardiograph Technician: Tacoma, WA

Parenting Education: Multiple locations

Women's Programs: Multiple locations

Parent Child Services: Special Needs Coordinator, Portland, OR

SAMPLE OF EVALUATIONS: PROOFS OF TRAINING PERFORMANCE SKILLS

2007-2008

Evaluations from Washington State University are available upon request)

January 2008

Washington State University-Tri-Cities

Rated 4.9 out of 5

September 2007

Disaster Recovery Journal World Conference, San Diego, CA

Rated 9.4 out of 10

May 2007

Washington State University

4.9 out of 5: Student evaluations available

July 2006

Canadian Centre for Emergency Preparedness

Rated 4.58 out of 5: Audience of 200

March 2006

Disaster Recovery Journal World conference, Orlando, FL

Rated in the top ten of 50 speakers

June 2005

Midwest Contingency Planners, Indianapolis, IN

Rated 4.70 out of 5: Audience of 27

Fall 2004

Disaster Recovery Journal World Conference, San Diego, CA

Rated 11.08 out of a possible 12: Audience of approximately 30

Fall 2003

Disaster Recovery Journal World Conference, San Diego, CA

Rated 9.2 out of 10: Audience approximately 1500

EXAMPLES OF PUBLISHED MATERIALS

(Clips Available Upon Request)

BOOKS

Emotional Terrors in the Workplace, Protecting Your Business' Bottom Line, Rothstein, ISBN 1-931332-27-4, 2005, www.rothstein.com

Dr. Vali's Survival Guide: Tips for the Journey, Emerald of Siam, ISBN 0-9628783-4, 1999, www.emeraldofsiam.com

JOURNALS/MAGAZINES/NEWSPAPER

Disaster Recovery Journal, www.drj.com

Creating a Go Bag, Disaster Recovery Journal, Available Summer 2008

Take Your Own Pulse First, Disaster Recovery Journal, Summer 2007, Vol. 20, No. 3

Emotional Continuity Management, Taking Care of Human Emotions While Protecting Your business' Bottom Line, Disaster Recovery Journal, Summer 2005, Vol. 18, No. 3

Employee Relations Bulletin and HR Briefings, www.bbpnews.com

Ethics Under Stress, October 21, 1997 ,

Hedis: A tool for Evaluating Your Healthcare Plans, Issue No. 2512, June 25, 1997

Emotions in the Workplace, November 21, 1997

Traumatic Stress Management, July 21, 1997

Preparing for Workplace Crises, September 21, 1998

Innovative Workspaces Support Changing Needs, Technologies, March 7, 1998

Mastering the New Three Rs, May 15, 1999

INKFISH Magazine www.vickigrayland.com

MONTHLY COLUMN 1994-1998: The Soul Survivor Guide Column (originally titled Oregon Coast Survival Guide) 1994-1998

How to Develop Personalised Self-Care Protocols for Use During a Crisis, May 2006, Journal of business Continuity & Emergency Planning a Henry Stewart Publication, www.henrystewart.com
Violence, Suicide, and Diabetes: Considerations for the Health Care Provider, Diabetes Professional, Summer 1991
Stress-Break: Because Stress Will Break You, Parent Child Services Newsletter, 1987-1988
The Marshfeld Sun Printing Museum, Definitely Not an Obituary, Oregon Coast Getaway Guide, July 1990
Tsunami, The Walden Ponder, October 1992
Angry?, Listen Magazine, June 1990
Counseling the Chronically Ill Youth and Their Families, International Journal for the Advancement of Counseling, Netherlands, 8:2230227, 1985
Ugly Ducklings Invade Florence: Citroen Admirers Bring Their Cars to Florence, Suislaw News, August 3, 1994,

RESEARCH AND GRANTS

Washington Department of Community, Trade and Economic Development to counsel victims of crimes who cannot afford services, train advocates and staff, provide ongoing statistics
 Psychosocial Dynamics of Families with Chronic Pediatric Medical Illness,
 Presented by invitation to International Conference of Counselors, Denmark
 Diabetes and Family Violence: An Investigative Questionnaire, Private Research Grant
 Provided by the Diabetes Research and Education Foundation
 The Use of Programmed Writing for Anxiety Reduction with Female Registered Nurses,
 Bay Area Hospital, Coos Bay, OR
 Traumatic Organizational Stress Syndrome, The implications of stress response to change in business,
 Private company (confidential)
 Emergency Management Research for American Red Cross Chapter Organization, WA

INTERVIEWS

Trauma Counselor at World Trade Center, September 2001, Tri-City Herald
 I.G. Living, Immune Globulin Community, April-May 2007, Munchausen Syndrome,
www.igliving.com
 Walden Magazine, September 2008, www.eatmedia.new

ORIGINAL MUSICAL SCORES FOR PERFORMANCE BY AND FOR CHILDREN

Commediainc , 1992-1994. National awards received] with Deborah Rodney-Pex
The Murky Water Caper: A Real Fish Story, America's Clean Water Foundation
Superdude Fights for Clean Rivers: All Washed Up
 Pinocchio: Just Say Nose
 Little Red Riding Hood: You Can't Tell a Wolf by its Tale
 Clown Magic: The Recycling Play

ORIGINAL PLAYS AND PERFORMANCE ARTS

The Ties that Bind, Stage Production in Coos Bay, Oregon 1994
The Heart Concert, Oregon, 2001

ACADEMIC WRITING

Masters Thesis

A descriptive Study of Psychosocial Aspects of Families with Pediatric Medical Illness

Doctoral Dissertation

The Use of Programmed Writing for Anxiety Reduction with Female Registered Nurses

CHILDREN'S SERIES (Self-published for Home School Network, Washington State)

Parenting Guide for Managing Kids Big Feelings (Parent Writing Prompt Guide)

The Wiggly Girl Sits Still (about ADHD)

Christofer Faces the Day (about surviving the Death of a Loved One)

The Bad Bracelet Club (about Diversity and the legacy of Holocaust)

VISUAL ARTS Gallery Clips and Art Resume available upon request

2006 People's Choice Award, *She Weaves Milagros*, Allied Arts Show, Richland, WA

2008 Washington State University Chancellors Private Show, 3 pieces in show, one accepted for permanent collection, *Untitled*, *The Palouse at 55 mph*, *Your Dinner is Getting Cold*

PROJECT SAMPLES (References Available)

The Chitari Foundation, Founding Advisory Board, Portland, OR

Accreditation Project Coordinator, World Medicine Institute, Honolulu, HI

CEO ImproVizion Consulting

Co-Director of Parenting Education for Divorcing Parents, Superior Courts, WA

Founder and Executive Director of the Kirsha Foundation (www.kirshafoundation.org)

EPICC British Columbia, CANADA, Emergency Preparedness for Industry and Commerce Council, Current Fluor Hanford, Department of Finance, Richland, WA

Health Educator Consultation, Vista Family Health Center, Current and Ongoing

Fluor Daniels, Consultation and Training, August and September 2007

Disaster Recovery Journal, San Diego, Keynote and Workshop, September 2007

Training for Head Start Annual Training Event, February 2007

Training County Clerks, Maine, Nov 2007

Training Clerks and Elected Officials, April 2007

Co-Owner: Inner Directions Counseling and Education Services

Co-Owner: Tri-Art Gallery

Emotional Continuity Group at Inner Directions

Workplace Violence: Completing a Text for Rothstein and Associates

Keynote Speaker for World Conferences in 2009, April

VOLUNTEER/COMMUNITY SERVICES/ASSOCIATIONS EXPERIENCES

American Board of Medical Psychotherapy

American Community College Women

American Counseling Association

American Diabetes Association

American Red Cross

American Red Cross Disaster Instructor, Regional and National

American Red Cross Disaster Services: Disaster Mental Health Services

Benton Franklin County Dispute Resolution Center

Benton Franklin County Dispute Resolution Center for Mediation

Bridges: Access issues for Disabled Students

CCB, Women's Programs: Persistence Training for "Don't Quit" programs

Columbia River Exhibition (CREHEST), Disaster Planning Consultation

Community Music Event/Performance Art

Critical Incident Stress Management (CISM) Co-Clinical Director

Critical Incident Stress Management Team

Lane County Disaster Planning Board

Mount Hood Festival of Jazz, Gresham, Oregon
 Pacific Family Mediation Services
 Parenting Education Consultations/and School Parent Volunteer
 Partners and Pals Assoc. for Retarded Children Horseback Riding Camp: Tri-Cities, WA.
 Planetree Organization: music and consultation, Kadlec Medical Center
 Siuslaw Area Women's Center: Women's Education/ Parent Education
 Tri-Cities Counseling Association

CONTINUING EDUCATION (Abbreviated listing)

Supervision in Disasters, American Red Cross
 CPR/First Aid (current)
 Disaster Recovery Journal World Conference (Orlando, FL)
 EPICC Conference, (Canada)
 National Instructor Training Course: Diversity Track American Red Cross
 Washington State Sexual Assault Grant Providers Training: (Spokane, WA)
 Ethical Practice for Counselors: Judy Roberts, (Yakima, WA)
 Critical Incident Training, American Red Cross (Benton/Franklin Chapter)
 Disaster Recovery Journal World Conference, (San Diego, CA)
 Weapons of Mass Destruction, ARC, (Pasco, WA)
 Vicarious Traumatization:Jan Hindman, (Richland, WA)
 Benton-Franklin Dispute Resolution Ctr.,(Kennewick, WA)
 Disaster Recovery Journal Symposium (San Diego, CA)
 Counseling Victims of Sexual Trauma, CCU(Kennewick, WA)
 BFDRC, Training (Kennewick, WA)
 STARS, (Richland, WA)
 World Trade Disaster, American Red Cross, Service Center 6, Staten Island, NY)
 Working with Diverse Populations, American Red Cross, (Hermiston, OR)
 Disaster Instructor Specialty Training, American Red Cross, (Kennewick, WA)
 F.I.T., American Red Cross, (Kennewick, WA.)
 Ethics in the Workplace: Washington State University, (Tri-Cities, WA)
 AMA Conference for Professional Assistants (WSU Tri-Cities, WA)
 Psychotraumatology for Clinicians(Portland, OR)
 OCVA 7th Annual Training Conference (Chelan, WA)
 American Red Cross: Disaster Services/ Mental Health/ Aviation Disasters
 WSCAP Jan Hindman, Legal Issues in Sexual Abuse Work
 WSCAP : Marcia Herivel, Suicide and Self Harm (Spokane, WA)
 Critical Incident Stress Management (ISISF) Basic/ Advanced (Vancouver, CA)
 Richard Garcia, Chemistry of Trauma
 American Red Cross, Tri-Cities, WA., Mass Care: ARC 3068-1
 American Red Cross Disaster Services, Eugene, OR, Introduction to Disaster Management, Disaster
 Mental Health Issues
 Pacific Family Mediation Center, Seattle, WA, Forty Hours Advanced Training in Divorce Mediation
 and Conflict Resolution
 Newport Chamber of Commerce, Newport, OR, Community Management of New Requirements for
 Disabled Individuals: Making our Entire Community Accessible
 Grant Writing Workshop, Siuslaw Public Library, Florence, OR
 Writers Conferences, Inkfish Magazine, Yachats, OR;
 Health Writers Association, Portland, OR
 Mastering Emotions, Career Track, Eugene, OR
 HIV-AIDS Training/ Certification, Benton County Health Department, Kennewick, WA
 Diabetes Self Management, Kadlec Hospital, Tri-Cities, WA
 Guiding Self Change, Dr. Tom Rusk, M.D., Richland, WA

Shirley Frare, M.Ed. N.C.C., Kennewick, WA, Watch Your Ethics
 Cardinal Services, Coos Bay, OR, Vision Day
 Siuslaw Area Women's Center, Florence, OR, People's Circle
 Mt. Hood Festival of Jazz, Gresham, OR, Special Services
 Lane Community College, Florence, OR, Clayworks
 University of Oregon, Teaching Independent Living Skills to Persons with Mild Retardation

CLIENT LIST SAMPLES

Many organizations require confidentiality, and others simply prefer privacy... So this list is not a complete reference to clients (which includes for-hire and pro-bono work), but represents a sampling of consultations, seminars, workshops, and training venues

Energy Northwest, Tri-Cities, WA State
 New England Association of City & Town Clerks, Ogunquit, Maine
 Fluor Hanford, Richland, WA
 EPICC(Emergency Preparedness for Industry and Commerce Council, British Columbia, Canada)
 Disaster Recovery Journal, Orlando, San Diego
 World Conference on Disaster Management, Toronto
 International Internal Auditors Association, National
 International Coroners and Medical Examiners
 International Association of Security Professionals
 International Association of Internal Auditors
 International Association of Administrators
 Association of International Architects
 American Diabetes Association
 Security Professionals Association, National
 Multiple Sclerosis Association, National
 American Red Cross, National, Regional, State, Local
 Eli Lilly Corporation, National
 Midwest Contingency Planners, Indianapolis, IN
 BITSINFO.ORG (via Conference Call-Web Seminar)
 Superior Courts of Washington State
 Department of Social and Health Services, State of WA
 Department of Social and Health Services, State of AZ
 Department of Corrections, State of WA
 Washington Coalition of Sexual Assault Prevention
 Hanford Nuclear Industry Contractors, Regional
 National Management Association, Regional
 Basin Recreation District, Park City, Utah
 Battelle Laboratories, Hanford Site
 Bechtel Laboratories, Hanford Site
 Washington State University
 Columbia Basin College
 Wenatchee Valley College
 Lane Community College
 Mohave Community College
 Educational Service District
 Cascade Title and Escrow Company
 Banner Bank
 HAPO Credit Union

Kadlec Medical Center
 Kennewick General Hospital
 Deaconess Medical Center
 Mt. Hood Medical Center
 Hillsboro Medical Center
 Sacred Heart Medical Center
 Sunnyside Memorial Hospital
 McMinnville General Hospital
 Bay Area Hospital
 Kaiser Permanente
 Vista Family Health Clinic
 Family Dental Center
 Greater Washington Multiple Sclerosis Association
 Benton-Franklin County Dispute Resolution Center
 Lakeside Women Service Organization
 Benton, Franklin, Walla Walla County Fire Districts and EMS
 Sexual Assault Response Center
 Tri-Cities Counseling Association
 Southwest Washington State Counseling Consortium
 Baugh Business Services
 Siuslaw Area Women's Center
 Private Confidential Consultations: New York School Districts, Federal Government Contractors, Schools, Educators, Day Care Centers, Artists, Physicians, Dentists, Clergy, Security, Nuclear Industry Contractors, and more. (Some references may be available if required, but many of my contracts are considered Confidential in Nature)

COURSES AND SEMINAR TOPICS

Addictions
 Conflict Resolution Techniques: Mediation and Communications
 Creative Writing for Business Managers
 Disaster Emotions and Trauma Emotions for HR and other Professionals
 Disaster Grief Management: CISM (Critical Incident Stress Management) and
 Disaster Mental Health: Pre/Post Disaster Planning
 Diversity
 Dr. Vali's Mental Health Survival First Aid Tool Kit
 Dr. Vali's Success Guide: Becoming A Success Warrior
 Emotional Continuity Management Training Series
 Emotional Terrorism in the Workplace
 Emotional Terrors in the Workplace: Protecting Your Business' Bottom Line
 Ethics and Diversity Trainings
 Gay/Lesbian Issues
 Grace Under Pressure: Working Hard and Maintaining Your Grace
 Ground Zero: World Trade Center Disaster of 9/11
 Having a Soulful Workplace
 How to Survive for the Long Haul/Peer Team Building
 HR Disaster Planning Strategies: For Managers/ HR Directors
 Journal Writing for Conflict Resolution with Children and Teachers
 Living Well With Pediatric Illness in the Family
 Living Well With Physical Illness: Pediatric or Adult Chronic Disease

Management

Managing Grief in the Workplace

Mediation/Conflict Resolution/Marriage/Divorce/ Remarriage

Mental Health Tool Kit for Professional Nurses (CEU ready)

Motivational Topics: Dr. Vali's Survival Guide: Tips for the Journey

No More Boredom at Work: Creativity and the Workplace

Nurse Managers Issues

Parenting /Step Parenting/ Parenting After Divorce

Programmed Writing for Emergency Medical Professionals

Programmed Writing Programs for Diversion Programs: Adult and Juvenile

Sexual Assault Survivors

Stress Reduction /Anger Management/Violence in the Workplace

Survival Guide: Tips for the Journey

Topics in Health for Professionals and Patients

Topics related to Dr. Vali's Books:

Women's Issues & Men's Issues

REFERENCES (MORE UPON REQUEST)

REFERENCES (MORE UPON REQUEST)

Dan Newton, MBCP

Sr. Program Manager Lead

STB Business Continuity Program Office

Office: 425.722.8701 Mobile: 425.256.0042 Fax: 425.936.7329

Christine Blevins, Senior Manager

Fluor Hanford

Organizational Effectiveness and Corporate Governance

PO Box 1000, H7-01

Richland, WA 99352

509-376-0478

Paul Strand, Ph.D.

Chair: Psychology Dept.

Washington State University

Tri-Cities, WA 99354

509-372-7177

Rich McFadzean, Finance Manager

Corporate Governance and Organizational Effectiveness

Fluor Hanford Inc.

MSIN H7-01, PO Box 1000

Richland, WA 99352

509-372-3392

Tanya DeMyer

Executive Assistant to VP Teechnical Services

Energy Northwest

PO Box 968
MD PEO4
Richland, WA 99352
509-377-2133

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EPICC
5730 Sunshine Falls Lane
North Vancouver, B.C.
V7G 2T9
Phone: 604.929.4560
lauriepearce@shaw.ca

Sheila Dunlop, D.O.
Physician, CEO
Vista Family Health
7201 W. Grandridge
Kennewick, WA 99336
509-735-2325 office

B. Edward Bohart, Ed.D.
Director, Upward Bound, Ret.
Clatsop Community College
691 Florence Ave
Astoria, OR 97103
503-325-0519

Hal Lanse, Ph.D.
Education Specialist
New York Public Schools
84-10 101 St. #3K
Richmond Hill, NY 11318
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718-441-1174 residence

Albert J. Marcella, Ph.D.
Faculty/Professor
Webster University
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